

2023 - 2025

JENNIFER EREMEEVA

CREATIVITY & WRITING AT SEA



MULTI-MODULE COURSES & STANDALONE WORKSHOPS

THE POWER OF EXPLORING CREATIVITY AT SEA



I DO MY BEST WRITING AT SEA...

There is something magical about the bracing sea air and the piquancy of being in a new place each day. My desire to share this creative energy with others was the impetus to develop this range of Creativity and Writing workshops and courses, designed to be part of the Enrichment Program on vessels like yours.

My goal for these courses is to harness the inspiration we experience while traveling into a creative project that ignites passion and promise. I provide the structure, support, and motivation to translate inspiration into an idea, and then create a roadmap for executing a completed passion project.

Each of these courses is an invitation to participants to explore the world of creativity and writing in an informative, interactive, and supportive group environment. Crafted to accommodate different voyage lengths, each course empowers participants to begin a creative practice that will last long after the voyage has ended.

I hold "office hours" each sea day, inviting participants to discuss their ideas and projects on a one-to-one basis. Multi-module courses culminate in a final "salon" where ideas and works in progress can be shared with the larger community of cruise guests.

ABOUT JENNIFER EREMEEVA



WRITER, HISTORIAN, ENRICHMENT LECTURER

Jennifer Eremeeva is an American expatriate writer based in Latvia, who explores the intersections of travel, history, culture, and cuisine and culinary history. Jennifer served as the weekly food columnist for The Moscow Times, where she explored tradition and innovation in Russian cuisine and was the in-house travel blogger for leading American tour operator, Alexander + Roberts, and is a regular podcast host for The New Books Network.

Jennifer is the award-winning author of two books, "Lenin Lives Next Door: Marriage, Martinis, and Mayhem in Moscow," and "Have Personality Disorder, Will Rule Russia: A Pocket Guide to Russian History." Jennifer's work has been featured on NPR, Reuters, AAA Magazine, Bucket List Travels, Fodor's Travel, Russian Life, Trip Savvy, Elysian Magazine, and other publications.

Jennifer is a popular cruise ship speaker on a wide range of topics including culinary history, royal and social history, creativity and creative writing, and the history, culture, cuisine, art, and literature of the Baltic, Black, Adriatic, and Mediterranean Seas and the Middle East. Jennifer is a graduate of Columbia University and the Moscow Institute of Photography. She lived and worked in Moscow, Russia for twenty years and speaks fluent Russian.

Contact Information

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WRITING AROUND-THE-WORLD

FORTY-FIVE MODULES AFFORD AMPLE TIME TO LEARN ABOUT AND PRACTICE THE CRAFT OF WRITING



Writing Around the World is designed for the duration of an around-the-world voyage, with 45 modules, which introduce participants to a broad range of writing techniques such as narrative voice, point of view, plot, dialog, and setting. The length of the course affords ample opportunity for silent, sustained writing and presenting work for critique with fellow class participants. The course encourages participants to make significant progress on a creative writing project, or to explore multiple genres and techniques.

[CLICK TO REVIEW COURSE MODULES](#)

TURNING INSPIRATION INTO
IDEAS, AND IDEAS INTO A
PASSION PROJECT

WRITING AT SEA

WRITING AT SEA (21-MODULES)

WRITING AT SEA (10-MODULES)

JUMPSTART YOUR CREATIVITY (5-MODULES)

Writing at Sea 21 and **Writing at Sea 10** are designed for longer voyages of 21+ days or selected consecutive segments of an around-the-world voyage. Each course presents aspects of writing techniques, such as plot, narrative voice, editing, as well as an overview of traditional genres and emerging forms such as blogs and newsletters.

The course aims to offer an inclusive introduction to creative writing and establish a writing practice that participants can continue when the journey has ended.

Jumpstart Your Creativity is a compact course of five 45-minute modules that create a roadmap of how to turn inspiration into a creative project of any kind. The course encourages participants to explore self-reflective writing as a tool for pursuing creativity, and tips on how to maintain the discipline and commitment necessary to get the project completed.

The format of the course includes sustained independent thought, PowerPoint presentations, and group discussion.

[CLICK TO REVIEW COURSE MODULES](#)

STANDALONE WORKSHOPS AT SEA

45-MINUTE INTERACTIVE WORKSHOPS



BLOGS & NEWSLETTERS: BUILDING A PLATFORM FOR YOUR IDEAS

This standalone 45-minute interactive class explores the mediums of blogs and newsletters with practical advice on how to begin and maintain both.

TIME TO WRITE THAT BOOK! ROLL UP YOUR SLEEVES AND GET STARTED

This standalone 45-minute interactive class provides a comprehensive overview of how to think about writing a book, considering genre, story arc, aspects of the writing life, and publishing options.

UNLEASH THE CREATIVE GENIUS WITHIN

This stand-alone 45-minute interactive class examines how to channel inspiration into an idea and that idea into a creative project.

WRITING YOUR OWN STORY: JOURNALING, MORNING PAGES, AND MEMOIR

This standalone interactive class offers insights into the power of a practice of self-reflective writing and introduces the popular genre of memoir.

CONCLUSION



I hope you found this course catalog of interest. It would be a great pleasure and privilege to make these courses a part of your vessels' enrichment programs.

I often combine teaching these workshops with lecturing on a broad range of topics, including history, art, r culture, culinary history, and Royal& Social History. To view my full enrichment portfolio, [please do visit my website](#), where you will find a complete and current list of lectures, arranged by region and topic.

**CONTACT ME FOR
AVAILABILITY IN 2023 - 2025.**

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